



*Joliet Bicycle Club
Newsletter
January 2024*



Joliet Bicycle Club

Volume 38, Issue 1, January 2024

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Winter
Activities



Message from the President

Happy New Year and 50 Years of JBC: 1974-2024!

On behalf of your Board: Michelle, Conrad and Al; I welcome new and old members to the 50th cycling season of the Joliet Bicycle Club! Yes, 50 YEARS and Ingrid Nielsen is a founding member of the club. As we celebrate this year go through old JBC cycling photos and submit a few each month to Shirl Boatman to post in the Newsletter. It would be fun see them. Just take a picture of the old photo with your smart phone and send via email along with the identify of who is the photo that you are submitting. Show us how young you use to look riding a bicycle or attending a club event!

If you are looking to hike, join in Steve and Shirl's weekly hikes. I really enjoyed hikes #2 and #4 and will continue to participate when I can. There were 21 hikers and 2 pups on hike number #4 in Pilcher Park. Just over half the group gathered at Hickory Creek Brewing for food and drinks post hike. Catching up and enjoying laughs with club members was a memorable way to close out 2023.

Our next social event is Chili Bowl scheduled for February 10, 2024 with Food at 6 PM and **Bowling at 8PM. For those who don't know, Chili Bowl will be held at Channahon Lanes.** Attendees sign up to bring chili, a side dish or dessert. Beverages can be purchased at the Channahon Lanes bar. After eating, everyone votes for their favorites in the 3 categories: chili, side and desert with simple prizes given to the top vote getters. After the food fest, everyone who would like to bowl, gets shoe rental and 2 games on JBC. If you are in town, bring a dish to share and bowl a couple of games! Whether you bowl or not, fun is had by all who attend Chili Bowl. Emails on Google Groups will provide more information from our hosts, Bob and Carolyn. **Looking forward to a few laughs with everyone February 10th...hope to see you there!**

The Chicago Winter Bike Swap will be held 2/11/24 at the Kane County Fairgrounds. This is the same event that was formally held at Harper Community College. There are many vendors and individuals selling cycling items as well as some organizations promoting rides. If this interests you more information can be found at: ChicagoWinterBikeSwap.com

Planning for the 2024 4th of July Ride is just beginning. Getting involved facilitates membership pride and allows each of us the opportunity to become an integral part of the energy that is JBC. You will be hearing more about volunteer opportunities in the coming months. Be thinking about how you would like to contribute your time and energy towards a successful 2024 JBC 4th of July Invitational Metric Plus Ride.

Come to the next bike club meeting with ideas of how to celebrate our 50 years. The next meeting is Thursday March 7, 2024 at Pizza For U on Larkin Ave., Joliet, IL.

Happy Trails.....

Janae

Newsletter Editorial

As a bicycle club situated in the Midwest, where winter conditions aren't always conducive to cycling, our members seek alternative ways to stay active. Activities such as snow skiing, snowshoeing, cross-country skiing, and hiking become popular choices. I encourage everyone to share photos of their winter pursuits. Personally, Steve and I opt for winter hikes and organize weekly outings through our SLS Hiking Adventures.

Our hiking schedule which was disseminated via Google Groups and outlined in this month's newsletter, categorizes hikes on a scale from 1 to 5, with 5 representing the most challenging based on terrain and weather conditions. Information about the upcoming hike is typically shared on Fridays, considering weather conditions. In case of inclement weather on Saturdays, we reschedule for the following Sunday, weather permitting.

We've enjoyed robust attendance throughout December, and if your social calendar allows, I invite you to join us for some outdoor hiking and social camaraderie this season. Following our hikes, we usually decide on a location to gather for lunch, occasionally indulging in "adult beverages."

Remember, JBC celebrates its 50th anniversary in November 2024, and it's noteworthy that Ingrid Nielsen, JBC charter member, is also approaching her 50th year with JBC. Let's salute Ingrid for her upcoming milestone with the club.



2024 J.B.C. Chili Bowl Night
Saturday, February 10, 2024
Channahon Lanes
25306 W. Eames St., Channahon

Starts at 6PM
Bowling at 8PM

The annual J.B.C. Chili Fiesta and bowling night will be Saturday, February 10, 2024 at Channahon Lanes. Similar to previous years, the potluck dinner, which historically contains the CHILI CONTEST, will begin at 6PM. The format was opened up several years ago to include other dishes besides chili. So come on all you foodies and show us your stuff! There will be several categories of the competition and awards will be given to the winners.

After dinner, JBC will pay for your shoe rental and 2 games of bowling. Bowling time is dependent on lane availability but is tentatively scheduled for 8PM.

Couple of items to share:

Channahon Lanes have been great to work with. They are allowing us to bring food into their business. In return, they have asked us to purchase all beverages from them. So do PLEASE do not bring pop, beer or any other beverages into the party.

You do not have to bowl, but you can still hang out and cheer the others on.

Please let Bob and Carolyn Jacobs know by Friday, February 2nd if:

You are going to attend the party
What dish you are going to bring, and
If You intend to bowl.

My contact information is:

Bob's Email: skiandbiker@gmail.com

Bob's cell: 815-922-9841

Thanks and hope to see you there!

Bob and Carolyn Jacobs

Pedals for People End of Year Letter 2023

Just an update and a note of appreciation to everyone who has helped to make this a great year for bikes for those in need.

We (my wife & I) have been collecting and repairing used bicycles for distribution, free of charge, for children and adults. For these individuals, their quality of life and ability to participate in the community and churches is enhanced. For an adult, a bicycle can provide an opportunity to do things one cannot achieve on foot: A chance to go to a job interview, accept a job, access medical care or attend school. Suddenly a used bicycle becomes a ticket to independence and a chance for a better life. For a child it can make a major difference for fun and memories.

We have been distributing the bikes since mid-2013 through word of mouth

and to local churches and charities. Since starting, we have processed 7,120 bikes. We interact with numerous charities, food pantries, churches and foster care.

This year we were able to provide bikes to many individuals, charities, food pantries and churches which included the Morning Star Mission, Joliet, IL; SOS Village, Lockport, **IL; All God's People, Tinley Park, IL; Catholic Day Break Charities, Joliet, IL;** and charities that represent children thru DCFS ,and many more.

We are thankful to everyone who has supported our ministry throughout the year. We look forward to serving those in need in 2024. So, do not put that old bike in the trash; drop it off here, and we will get those old spokes to new folks! If you want to know **our story just Google "the Bike man."**

In all things I have shown you that by working hard in this way we must help the weak, and remember

the words of the Lord Jesus, how He himself said, **"It is more blessed to give than to receive."** Acts 20:35

Al & Rosemary Schroader
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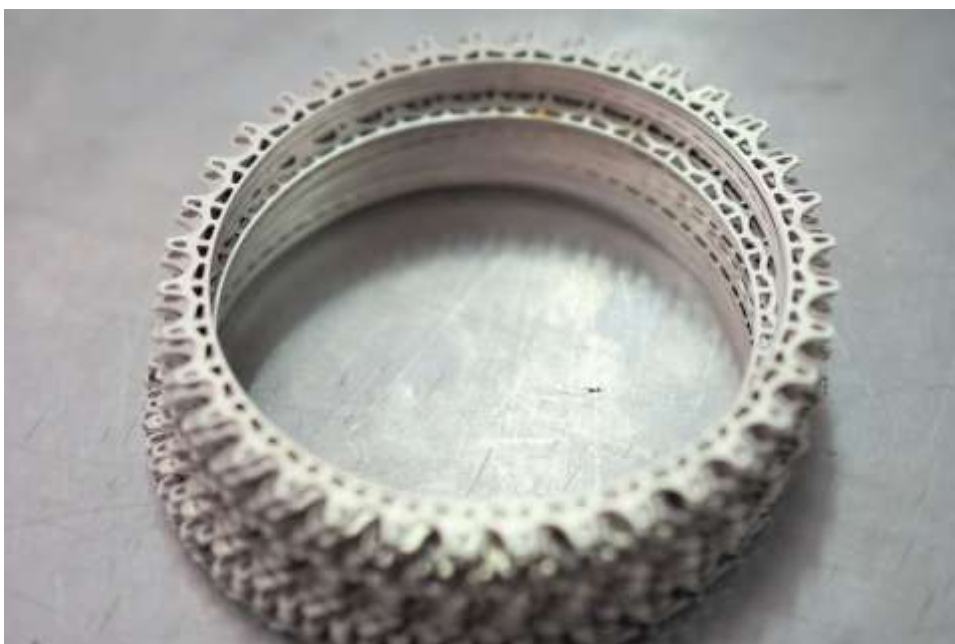
Carbon Chainring Weighs Just 39 grams

by Steve Geary

A carbon-fiber chainrings may sound about as durable as an over cooked noodle, but a Barcelona-based company called Gemini claim to have come up with some clever tech to make it work. They say they've put in more than 3 years of research and development, 500 prototypes, and thousands of kilometers of testing, resulting in two international patent applications and what they call "the most technologically advanced chainring on the market."



First, let's talk about why you'd want a carbon chainring. The claimed weight is just 39 grams (30 teeth). That compares to about 59 g for a 30T SRAM direct mount ring (one of the lightest made from aluminum); so we're talking about a 20-gram saving, which will only be worth considering to the biggest weight weenies and/or professional XC athletes. The press release also claims that it's more aerodynamic and reduces friction with the chain, but that sounds like an even more marginal gain. It goes on to say that the chainring offers an "unparalleled sense of finesse during pedaling." Super.



The wear-resistant aluminum core is set inside the carbon teeth.



The inside edges of the teeth are faced with aluminum.

More interesting to me is how Gemini have managed to make a carbon chainring which they say has "unmatched durability for a carbon chainring". On their website, it even says that "wear will be similar to that of an aluminum chainring."

The Gemini Rigel chainring uses a 7075 T6 Aluminum core, which is sandwiched inside the carbon teeth. Gemini then uses something called [forged carbon](#), which involves pressing the fibers together with more than 100 tons of force. Gemini say "the fibers of the composite are arranged through the geometry of the chainring wrapping the metal core while providing a continuous structural organization along the tooth that provides high stiffness levels impossible to achieve with any other carbon chainring manufacturing process".

It's designed to be compatible with any 11 or 12 speed chain on the market, including Shimano, SRAM Eagle, and SRAM Eagle Flattop chains. It's available with 32, 34 & 36 teeth (30 and 38 coming soon), with a standard 3 mm offset (Boost). It only comes as a direct mount and round shape for now, but Oval and 104 BCD should be available soon. The supported crank interfaces are: SRAM 3 bolt, SRAM 8 bolt, Shimano, RaceFace/Easton, Cannondale Hollowgram.

This month's Meet the Member is a very active rider with JBC and I'm happy to call him my friend. If you get a chance to ride with Gary don't pass it up.

“JBC's MEET THE MEMBER
GARY ZAUR
by Rob Weiss

Your name? Gary Zaur

Are you married? Spouse name and years married. Yes, Jaye, we have been married since we were children..... 53 years this coming January.

Do you have children? 3 sons, 52, 48, 45, - 9 grandchildren

What city do you live in? Aurora

When did you join JBC and why did you join the club? 2018, I decided to take up cycling after a motorcycle accident. I knew if I was to ride my new bike, I needed people to ride with. Trek of Naperville recommended JBC and after looking at the website there were a lot of rides listed.

What brought you into cycling?

I needed a new hobby and road cycling seemed marginally safer than motorcycling. Though I have found the primary differences between the two are cost, speed and being much more fit.

What do you enjoy most about cycling with JBC?

The members of JBC are very warm, welcoming, caring, and helpful. I have met a lot of people since I joined that have become friends.

Tell us about your favorite cycling adventure. Almost of my riding has been here in the area. Though I have learned that when a certain member of the club says we can outrun a thunderstorm, to think three times about that in the future. It was a very wet, windy, and nerve-racking ride back to the cars. As usual, the storm subsided when we got back to our cars in Platteville.

Where do you cycle mostly with JBC and why? I ride primarily out of Na Au Say (west of Plainfield) it is much closer to home. The area provides several options for rides. It is interesting to watch the farm fields change with the seasons.

What is your favorite JBC route? The ride to Sheridan via Budd Rode. It is very pretty. We usually ride there when there are Southwest Winds.

What is your favorite JBC event?

4th of July ride, JBC pulls together to deliver a very nice event and we have fun doing it. The riders in the event seem to enjoy it as many of them come back year after year.

If you could cycle anywhere in the world, where would it be?

It is hard to pick out a particular spot. If I had to pick one spot in the US, it would be the Natchez Trace Parkway. Overseas, I think England would be fun. (I speak the language and like the beer



2023-2024 SLS Hiking Adventure Schedule

Date	Region	Name	Miles	Terrain
12/9/2023	New Lenox	Sanctuary Golf Course	2.2 or 3.3 or 3.9	1
12/16/2023	Mokena	Hickory Creek - LaPorte Rd. Access	4.1	2
12/23/2023	Yorkville	Silver Springs - Loon Lake Parking Lot	3.9	2
12/30/2023	Joliet	Pilcher Park	4.1	2
1/6/2024	Yorkville	Hoover Forest Preserve	3.9	2
1/13/2024	Willow Springs	Palos - Little Red Schoolhouse	3.2 or 4.0 or 5.7	2
1/20/2024	Joliet	Hammel Woods	3.3 or 6.7	2
1/27/2024	Orland Park	Catalina Grove	4.5	3
2/3/2024	Willow Springs	Palos - Maple Lake	4.6	2
2/10/2024	Oglesby	Matthiessen South	4.3	2
2/17/2024	Willow Springs	Palos - Gruss Von Krampus	3.7 or 4.7	4
2/24/2024	Yorkville	Saw Wee Kee	5	3 or 4
3/2/2024	Willow Springs	Palos - Imperial Oak	4.3	3
3/9/2024	Mokena	Hickory Creek - LaPorte Rd. Access	4.7	2
3/16/2024	Naperville	Knock Knolls	3.5 or 5.3	2
3/23/2024	Thornton	Brownell Woods	5.7	3
3/30/2024	Willow Springs	Palos - Maple Lake East, Resurrection, Stonehouse	6	3
4/6/2024	Oglesby	Starved Rock East	7.5	3
4/13/2024	Oglesby	Matthiessen/Vermilion River	6.9	2
4/20/2024	Willow Springs	Palos Boating Center	8.2	3
4/27/2024	Downers Grove	Waterfall Glen	10	2

Our hiking series kicked off with a touch of humor—funny in hindsight, though Steve didn't find it amusing that day. After we gathered at the Sanctuary Golf Course for our group picture on an unusually warm December day with golfers dotting the course and began walking, a young employee approached us, inquiring about our activities. Long story short, we were politely asked to leave.



So, we packed into our cars and shifted the hike to Hickory Creek Barrens.





"I don't think that is what she was offering Conrad!"

Membership Corner

By Steve Geary

JBC Membership Applications for the year 2024 are now being accepted.

Your JBC Membership runs from January 1st through December 31st of each calendar year. However, submitting an application for membership prior to January 1st gives you a seamless transition into the new year, and it's

much easier for me to manage your account. If you do not renew your membership by the 12/31 deadline, your account will be deleted on January 1st and all member benefits will be discontinued.

To apply for a 2024 JBC Membership simply [Click Here](#). Fill out the application form and use a credit

card to complete your registration. The cost for an individual adult membership remains to be \$16. Children under 18 can be registered at no cost when accompanied by an adult membership.

Don't wait! Apply for membership [NOW!](#)



Welcome to New 2024 Members

Michelle Picard



Click [here](#): JBC Ride List



JBC Ride Definitions / Rules / Etiquette

SG - Show & Go - ride leaders, and distances can be decided at the ride

S - Social - Group stays together, rides at posted level, has ride leader.

Ride contacts are to be called for information about the ride.

All riders should plan to arrive at any scheduled ride at least 10 minutes before the scheduled departure time.

AD HOC RIDES

1. A non-calendar ride, via google groups email invite
2. 12 hour advance notice, e.g. Friday 8am ride invite sent by 8pm Thursday
3. Invite must include starting time, location and ride level (I-V)
4. Additional details about the ride can be shared too.
5. Miles are recorded as: AH/date/leader initials/miles/riders (in alpha form).
6. Use AD Hoc number assigned to the day of the ride
7. 2 riders minimum for in-state and out of state rides

Please send AD Hoc and regular miles to Bill Cihon at:
miles@jolietbicycleclub.com

Send invitational miles with Invitational Mileage Report in the subject line to Bill Cihon at: miles@jolietbicycleclub.com

LEVEL	MPH
I	10-12.4
II	12.5-15
III	15.1-18
IV	18.1-20
V	20.1+

Click this [link](#) to view the JBC Member Guide:



JBC Board and Committee Contacts

President, Janae Hunziker
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Vice-President, Michelle Fur-
manski

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Phone: 630.918.1552

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Ride Calendar, Bob Kehoe

Phone: 815.436.7701

kehoerj162@yahoo.com

Ride Mileage Recorder, &
Invitational Rides—Bill
Cihon

miles@jolietbicycleclub.com

**For invitational rides:
Place Invitational Mileage
Report in the subject line
to:**

miles@jolietbicycleclub.com

Membership Chair & JBC Google

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Webmaster, Paul Tomasik

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Reporting Miles, Ride List, Membership

Ride leaders or whomever is in charge for the ride should report miles for daily JBC rides listed on the calendar and for Ad Hoc Rides. Please send the Ride #, date, and list of riders in alphabetical order, and their miles to:

miles@jolietbicycleclub.com

Mileage reports should be sent within 3 days of the ride.

The JBC Ride List is published monthly on the JBC website.

<http://www.jolietbicycleclub.com/ride-calendar/>

All JBC Ad Hoc Rides are announced through JBC Google Groups emails.

Make sure you are signed up on JBC Google Groups to get all club announcements.

JBC annual dues are \$15.00

JBC Meeting Information

Regular JBC club meetings will be announced in the Newsletter. JBC holds meetings in Feb, March, April, May, June, Aug, Sept, Oct, Nov. at Pizza 4 U, 116 S Larkin Ave, Joliet. Next club meeting is March 7, 2024.

Joliet Bicycle Club

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